

Boxing House International – Class Schedule

Weekly Classes

Day	Class	Time
Monday	Boxing	5:00–6:00 PM
Tuesday	Youth Boxing	5:00–6:00 PM
Tuesday	Adult Boxing	6:00–7:30 PM
Wednesday	Boxing	5:00–6:00 PM
Thursday	Youth Boxing	5:00–6:00 PM
Thursday	Adult Boxing	6:00–7:30 PM
Sunday	Boxing	10:30 AM–12:00 PM

Upcoming 8-Week Series

Program	Start Date	Time
Beginner Boxing (8-Week Series)	Monday, Sept 8, 2025	5:00–6:00 PM
Youth Beginner Boxing (8-Week Series)	Tuesday, Sept 9, 2025	5:00–6:00 PM